

SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT		
RESIDENT COUNCIL MTG. SEPT. 24TH AT 10:30 AM DINING ROOM 		9:00 DAILY CHRONICLE 10:00 USE IT OR LOSE IT 10:30 WELCOME SEPTEMBER! 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 EXPRESS YOURSELF 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 STRETCH AND SMILE 10:30 RING TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 LOCOMOTION 10:30 LUCKY STRIKEOUT 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 ICE CREAM, YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:30 SING-ALONG W/ PANAMA G. 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 2:30 BINGO STORE 3:00 BINGO 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 COFFEE CHAT & TUNES 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 UNO 4:30 RESIDENTS TV CHOICE 		
9:30 DAILY CHRONICLE 10:30 WHAT'S ON TV 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 LOTERIA 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 BEND & STRETCH 10:30 HOLE IN ONE 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 MIND JOGGERS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MOVE TO THE BEAT 10:30 SENIOR GAMES 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 READER'S CORNER 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 BEND AND STRETCH 10:30 TIC TAC TOE BALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 5:00 COUNTRY WESTERN CANDLELIGHT DINNER 	9:00 DAILY CHRONICLE 10:00 ROCKIN AEROBICS 10:30 BALLOON VOLLEYBALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 ICE CREAM, YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 DANCING CHAIR 10:30 MIKE AND MANDY HOUR 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 MOVIES AND POPCORN 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 MIND JOGGERS 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 BINGO 4:30 RESIDENTS TV CHOICE 		
9:30 DAILY CHRONICLE 10:30 VIEWS IN THE NEWS 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 PUZZLERS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MORNING STRETCH 10:30 RING TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 PATIO CHAT 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 SENIORCISE 10:30 TABLE HOCKEY 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 2:00 AFTERNOON AT THE SPA 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 SITTCRISE 10:30 BEAN BAG TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 USE IT OR LOSE IT 10:30 HOLE IN ONE 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 ICE CREAM, YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:30 MUSICTIME W/ STEVE 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 2:30 BINGO STORE 3:00 BINGO 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 REMEMBER WHEN... 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 BOARD GAMES 4:30 RESIDENTS TV CHOICE 		
9:30 DAILY CHRONICLE 10:30 COFFEE AND COMPANY 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 LOTERIA 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 ROCKIN AEROBICS 10:30 CORNHOLE 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 CREATIVE ARTS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MOVE TO THE BEAT 10:30 FIRST DAY OF FALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 EXPRESS YOURSELF 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 USE IT OR LOSE IT 10:30 KITCHEN CHAOS 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 STRETCH AND SMILE 10:30 RESIDENT COUNCIL MEETING 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 ICE CREAM, YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 DANCERSIZE 10:30 GET MOVING W/ JOEY 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 HOLLYWOOD CLASSICS 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 NEWS AND COFFEE 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 BINGO 4:30 RESIDENTS TV CHOICE 		
9:30 DAILY CHRONICLE 10:30 WHAT'S NEW 11:30 SOUP SOCIAL 2:00 ROOM VISITS 3:00 TROUBLE BOARD GAME 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 CREATIVE MOVEMENT 10:30 BOWLING FOR DOLLARS 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 LOVE ON A LEASH 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 AM WARM UP 10:30 HORSESHOES TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 PATIO SUNSHINE 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 BEND AND STRETCH 10:30 LET'S HOOP 11:30 SOUP SOCIAL 2:00 HYDRATION CART/ ROOM VISITS 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	Rosh Hashanah  YOM KIPPUR			SHERWOOD OAKS POST ACUTE 250 FAIRVIEW RD WESTLAKE VILLAGE, CA 91361 805-494-1233 	

ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO RESIDENTS NEEDS OR CHOICES.